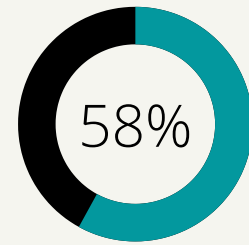
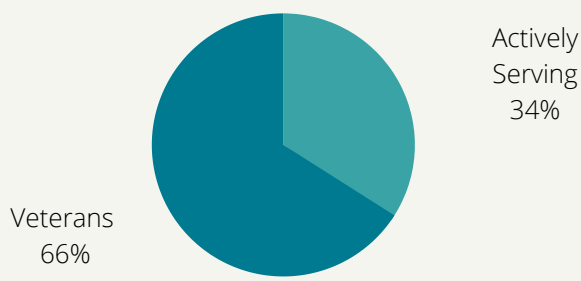


# Lifetime Prevalence and Comorbidity of Mental Disorders in the Two-wave 2002–2018 Canadian Armed Forces Members and Veterans Mental Health Follow-up Survey (CAFVMHS)

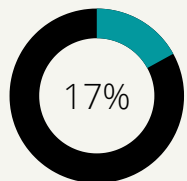
Sample: Breakdown by Military Serving Status



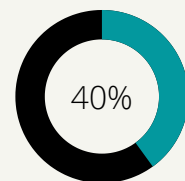
About 58% of this cohort of military members and Veterans had a mental disorder in their lifetime.

Lifetime Prevalence at 2002

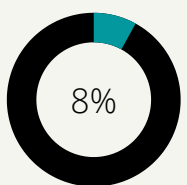
Cumulative Lifetime Prevalence at 2018



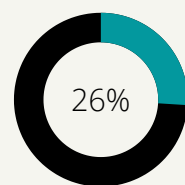
Major depressive episode (MDE)



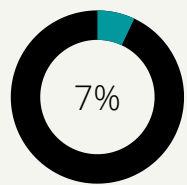
MDE



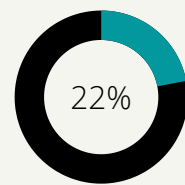
Social anxiety disorder (SAD)



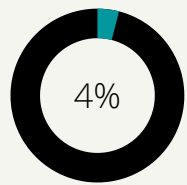
SAD



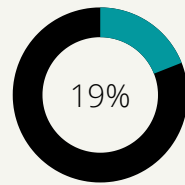
Posttraumatic stress disorder (PTSD)



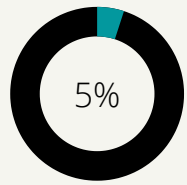
PTSD



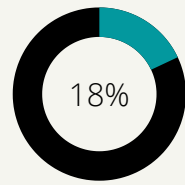
Panic disorder (PD)



PD



Generalized Anxiety Disorder (GAD)

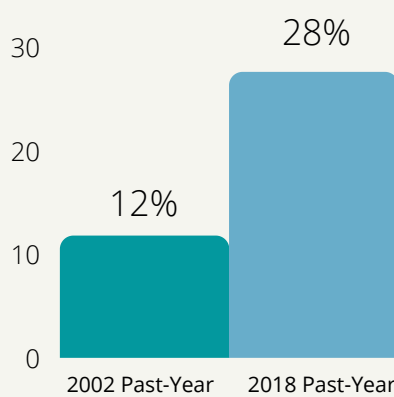


GAD

Disorders assessed by computer-assisted diagnostic interview included prevalence at 2018 :

- 3.3% Attention deficit hyperactivity disorder (ADHD)
- 3% Obsessive compulsive disorder (OCD)
- 0.8% Personality disorder
- 0.8% Mania

Prevalence of Past-Year Any Mood/Anxiety Disorder in 2002 and 2018



Mental disorders are common in Canadian military members and Veterans. High occurrence of these disorders highlights the need and accessibility for evidence-based prevention and intervention strategies.



Scan the QR code or [click here](#) to read the full research article

