HOME ECONOMICS IS STILL IMPORTANT

OBESITY EPIDEMIC
If current trends continue, by 2040, up to 70% of adults 40 years old will be overweight or obese.

CHRONIC DISEASE
Many chronic diseases such as cardiovascular disease, cancer, and diabetes are correlated with unhealthy diets.

BEST INVESTMENT
Mandatory food preparation classes could be one of the best investments Manitoba could make, reducing diet-related disease and therefore healthcare costs.

KNOWLEDGE
Home economics teaches valuable skills about food preparation, safety, and nutrition. These skills are essential to living a healthful life.

FUTURE FAMILIES
The families of the future rely on the education of children today. Home economics class has a large role to play in ensuring the health of all Manitobans.

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