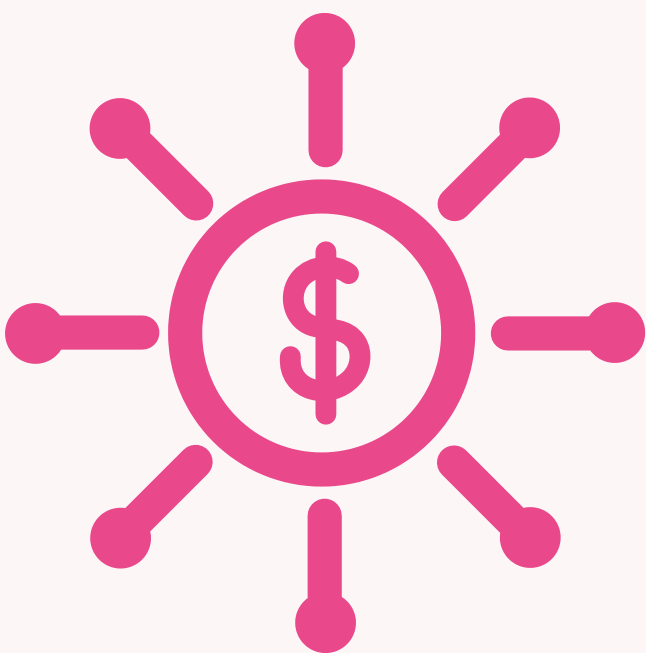


# HOME ECONOMICS IS STILL IMPORTANT



## CHRONIC DISEASE

Many chronic diseases such as cardiovascular disease, cancer, and diabetes are correlated with unhealthy diets



## KNOWLEDGE

Home economics teaches valuable skills about food preparation, safety, and nutrition. These skills are essential to living a healthful life



## OBESEITY EPIDEMIC

If current trends continue, by 2040, up to 70% of adults 40 years old will be overweight or obese



## BEST INVESTMENT

Mandatory food preparation classes could be one of the best investments Manitoba could make, reducing diet-related disease and therefore healthcare costs



## FUTURE FAMILIES

The families of the future rely on the education of children today. Home economics class has a large role to play in ensuring the health of all Manitobans