



Please join us for the official launch of The Manitoba Personalized Lifestyle Research (TMPLR) program, which kicks off the start of a large research study examining how diet, physical activity, sleep, genetics and gut microbiome interact to shape the health of Manitobans.

TMPLR PROGRAM LAUNCH EVENT

Wednesday, March 23, 11am

**Atrium, Richardson Centre for Functional Foods
and Nutraceuticals (RCFFN)**

196 Innovation Drive, Winnipeg

Media will be provided tours of the areas where study participants will undergo body scans, physical activity testing and other biomarker measurements.

**Refreshments will be provided.
Public metered parking is available adjacent to the RCFFN.**

